

The Foley Center at Chestnut Ridge

Serving patients with state-of-the-art rehabilitation and long-term care



The SkyLine/SkyBest and Appalachian Regional Healthcare System teams work together to achieve the best communications and technology solutions for The Foley Center. Seated, Gillian Baker. Standing L to R: Edward Hinson, Nathan White, Mark Heckle and Brent Keith.

Photo by Todd Bush, www.bushphoto.com

The Foley Center at Chestnut Ridge, newly opened in January 2017, functions as the post-acute rehabilitation facility for the Appalachian Regional Healthcare System (ARHS) of North Carolina. In planning for five years and under construction for the last two, The Foley Center now houses patients transferred from the closed Blowing Rock Rehabilitation and Davant Extended Care Center and is admitting patients and residents daily.

State-of-the-Art Facility

The Foley Center's 87,500-square-foot building, with a 112-bed capacity, was designed from the ground up with the patient in mind. "Our private and semi-private bedrooms, community dining areas and six living rooms—all with beautiful mountain views—feel more like a modern patient-centered neighborhood," comments Nathan White, Administrator, The Foley Center. The staff of 117 highly trained professionals includes physicians, nurses, physical and occupational therapists, speech therapists, social workers, dietitians and pharmacists. Most of these current employees transitioned with the patients from the old facility.

State-of-the-art equipment fills The Foley Center's rehabilitation gym to facilitate the latest in physical and occupational therapy treatments. "Everything at The Foley Center is brand new," notes White. "We didn't move any equipment or furniture here from Blowing Rock Rehabilitation." Furniture from the old facility will instead be donated to several organizations including local community colleges.

The Foley Center's Chestnut Ridge campus is also home to Boone Drug's Village Pharmacy and the Harriet and Charles Davant, Jr. Medical Clinic, a comprehensive internal medicine practice.

Range of Options

Short- and long-term rehabilitation care at The Foley Center is designed for patients recovering from hospital stays due to surgery or illness. It offers a cost-saving alternative for those healthy enough to be discharged from the hospital, but not yet ready to safely return home. Length of stay for these patients could range from as short as a few days up to several weeks, depending on level of need and response to treatment and therapy. The desired outcome in these cases is for the patient to recover sufficient strength, balance and mobility to return home and resume previous activity levels.

In addition to the focus on post-acute rehabilitation, The Foley Center also is able to meet the needs of other types of patients. For those who are not able to recover sufficiently to go home,

The Foley Center offers both long-term care and assisted living. “Long-term care residents have the benefit of getting necessary therapies and participating in daily activities, all while living in a beautiful new residence,” observes White. “The assisted living area is for those residents who are more self-sufficient, but still enjoy being around others and participating in activities.” Amenities include an on-site hair salon, dining rooms in each neighborhood and a sunroom with rocking chairs, so one can enjoy the mountain views on the covered deck. Van transportation allows residents to get to off-site appointments or activities. Residents with added cognitive issues can receive the memory support they need.

ARHS has partnered with Caldwell Hospice and Palliative Care to offer an Advanced Illness Management (AIM) team to residents with serious chronic illnesses. The resident’s physician can work with the AIM nurse practitioner, nurse, medical social worker and chaplain to provide comfort and assistance addressing specific physical, emotional and spiritual needs.

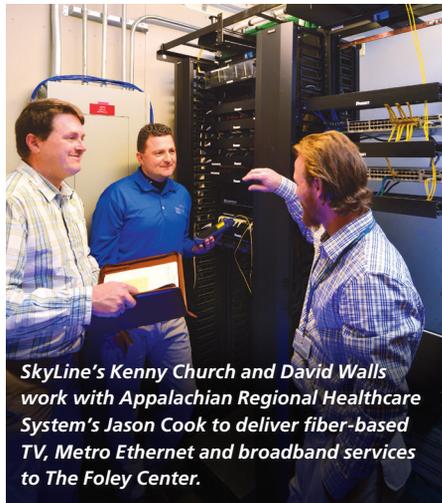
Vital Connectivity

Early in the project development stages of The Foley Center, ARHS consulted SkyLine/SkyBest about communications services. SkyLine/SkyBest now provides TV, Metro Ethernet and broadband services to the completed facility. “Customer service was excellent throughout the implementation process and with follow-up support,” says White.

Brent Keith, Strategic Sales Supervisor at SkyLine/SkyBest further explains, “The services we have provided, specifically Metro Ethernet, allow ARHS to share resources between The Foley Center and Watauga Medical Center, making the new facility an integrated part of the existing extended network. The opportunity to play a role in the success of The Foley Center is very important to SkyLine/SkyBest, given the critical health services ARHS provides to the citizens of the High Country.”

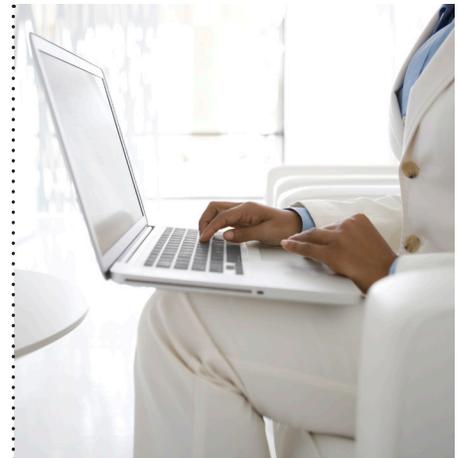
“Efficient and reliable network connectivity is essential to our daily operations,” observes White. “SkyLine/SkyBest has provided The Foley Center with good reliability and stable performance, so we can focus on patient care.”

The Foley Center at Chestnut Ridge is located at 621 Chestnut Ridge Parkway, Blowing Rock, NC. For more information about services offered at The Foley Center, please call 828-386-3300, or visit www.apprhs.org/foleycenter.



SkyLine’s Kenny Church and David Walls work with Appalachian Regional Healthcare System’s Jason Cook to deliver fiber-based TV, Metro Ethernet and broadband services to The Foley Center.

Photo by Todd Bush, www.bushphoto.com



Metro Ethernet Connects Multiple Locations

Today’s businesses require robust connectivity, not only to the internet, but also to their own resources. Metro Ethernet from SkyLine/SkyBest makes sharing information between computers across town as simple as sharing information between computers across the hall. Benefits include:

- **Lowered cost.** Your company will save time and effort and therefore, money, as it grows to rely on this smart network option.
- **Increased bandwidth.** Multiple local area networks (LANs) can be connected over a wide-area connection to share high bandwidth applications.
- **Efficiency.** Employees at different locations can collaborate quickly and effectively.
- **Expandability.** Bandwidth can be increased or decreased without changing equipment or adding circuits.
- **Reliability.** In the event of a fiber cut, our network prevents a disruption of data services and internet access.

To learn more about Metro Ethernet service from SkyLine/SkyBest, call our Business Sales Team at 1-844-SKYBEST.